

## Request for Sleep Investigation / Management

### Patient Information

Name & Surname \_\_\_\_\_ Contact No \_\_\_\_\_

ID No \_\_\_\_\_ Email \_\_\_\_\_

In Hospital only: Hospital \_\_\_\_\_ Ward \_\_\_\_\_

### Medical Aid

Medical Aid Name \_\_\_\_\_ Medical Aid Number \_\_\_\_\_

Medical Aid Plan \_\_\_\_\_ Medical Aid Dependant Code \_\_\_\_\_

Main Member \_\_\_\_\_ Main Member ID No \_\_\_\_\_

### Reason For Request

Is this request related to the management of a PMB condition? Yes ☐ No ☐

If yes, please advise the condition \_\_\_\_\_

Arythmia ☐ Hypertension ☐ Diabetes ☐ Heart Disease ☐

### Services Required (specify services)

Sleep study and CPAP titration study (if applicable) report to be sent back to referring doctor and a copy sent to the patient.

Screening for sleep apnea: Home-Based ☐  
(Please attach data sheet)

Screening for sleep apnea: Hospital-Based ☐  
(Please attach copy of sleep apnea screen or full PSG  
if previously conducted)

CPAP Auto-Titration ☐

Consultation for Sleep Disorder ☐

Consultation for CPAP follow-up management plus  
6 monthly CPAP compliance reports ☐

Please send copy of results to the following doctors:

\_\_\_\_\_  
\_\_\_\_\_

### Requesting Doctor

\_\_\_\_\_  
Name and Surname

\_\_\_\_\_  
Email address

\_\_\_\_\_  
Practice Number

\_\_\_\_\_  
Contact Number

\_\_\_\_\_  
Date

\_\_\_\_\_  
Signature